

# Awe and Wonder Homemade Digestive System

## You will need

### Mouth to stomach:

wooden castanets



zip lock bag



paper towel  
tube



warm water



bread



### Stomach to rectum:

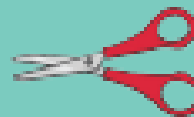
zip lock bag



bread



scissors



water



long balloons



funnel



sewing needle



large bowl



## Method:

1. Put bread between the castanets, explain this is like our mouth and teeth breaking food into smaller pieces.
2. Put bread into the tube, with the zip lock bag underneath. Explain this is the oesophagus: it takes food to our stomach, it squashes and squeezes our food on the way down. Encourage the child to squash and squeeze the tube.
3. Once the bread is in the zip lock bag, explain this is your stomach. Add some water to the bag, explain this is the special juice that lives in our tummies, helps us to take all the goodness out of our food, and stops the bad parts from growing and making us poorly.
4. Seal the bag, encourage the child to squash and squeeze the bag, explain that these are the muscles in your stomach moving the food and liquid together.